

My Emergency Plan



Name:

Student Number:



If you live in residence, this emergency plan template is for you! Please complete the plan to ensure you have all the key information you need in an emergency. Keep it in an easy to find place—like your emergency kit, posted on the back of your door, and/or on your fridge—so it's accessible even if the power is out and your phone is out of battery.

My roommates (if any):

Please list the name and details below for each member of your household.

Name:

Phone:

Email:

Choose where you and your roommates will meet in an emergency to check that you are all safe:

Emergency meeting place near our residence:

Emergency meeting place away from our residence:

My health:

My Health Number:

Add the names and contact information for your family doctor, therapist, etc. below.

Name:

Role:

Phone:

Email:

Medical Notes (e.g., allergies, medications or medical conditions):

Our residence:

Add the contact details for the key people in your residence. You can find their information at vancouver.housing.ubc.ca/residence-life/meet-the-team and vancouver.housing.ubc.ca/contact-us.

- RLM:** **Phone:** **Email:**
- RA Name:** **Phone:** **Email:**
- Overnight RA:** **Phone:** **Email:**
- Front Desk:** **Phone:** **Email:**
- Facilities and Building Services:** submit a maintenance request at secure.housing.ubc.ca

My rental insurance:

- Company:** **Phone:** **Policy Number:**

My emergency contacts:

Choose someone who is nearby and someone further away—preferably out of the province or country—who likely isn't impacted by the same emergency:

Local contact:

- Name:** **Phone:** **Email:**

Contact far away:

- Name:** **Phone:** **Email:**

UBC and community services:

- Medical emergency/crime:** 911
- Campus Security and First Aid:** 604 822 2222
- Orchard Commons Student Health Services Clinic:** 604 827 0883
- Koerner Pavilion Student Health Service Clinic (UBC Hospital):** 604 822 7011
- Wellness Centre:** 604 822 8450
- Counselling Services:** 604 822 3811
- Counsellor in Residence:** counsellor.residence@ubc.ca
- Centre for Accessibility:** 604 822 5844

In the event of an emergency, visit ubc.ca for the latest updates and information, listen to local news radio stations, such as **City News 1130 AM**, **CKNW 980 AM**, and monitor these social media accounts:

- @UBC** **@AlertReady** **@RedCrossCanada**
- @PreparedBC** **@WeatherNetwork** **@Get_Prepared**
- @MetroVanocover** **@BC_Storm_Watch** **@EmergencyInfoBC**



Thanks for taking this important step to be prepared!

For more information—including tips on how to build an emergency kit—visit ready.ubc.ca.